



Having type 1
or type 2
diabetes can
mean you
are also
at risk for
serious
complications
from the flu.

When you
get your
flu shot,
you protect
yourself
and those
around you.

My doctor just told me I have **diabetes.**

She also said, **“Get a flu shot!”**

I heard her loud and clear. **I’ll get vaccinated.**

For more information, visit: <http://www.flu.gov>



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention